

Claims

- 1) An adhesive solid therapeutic composition containing an active ingredient which is an extract of a plant selected from the group consisting of *Sambucus nigra*, *Centella asiatica* and *Echinacea purpurea*, or mixtures thereof and excipients, said excipients comprising (i) a bulk ingredient (ii) an adhesive polymer of acrylic acid and (iii) polyvinylpyrrolidone.
- 2) A solid therapeutic composition according to claim 1 provided in the form of a tablet, wherein the surface of said tablet is partially coated with a non-adhesive material, such that said tablet is provided with a first, adhesive side and a second, coated, non-adhesive side.
- 3) An adhesive, solid therapeutic composition according to claim 1, comprising 5 to 15 by weight percent of the active ingredient, 50 to 65 by weight percent lactose, 10 to 20 an adhesive polymer of acrylic acid which is preferably carbopol 974P®, and 10 to 20 polyvinylpyrrolidone, which is preferably povidone K-90® or povidone K-29-32®, or mixture thereof.
- 4) An adhesive, solid therapeutic composition according to claim 3, wherein the active ingredient is a mixture of the extracts of the plants *Sambucus nigra*, *Centella asiatica* and *Echinacea purpurea*.

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